

**COVER**

**COUGHS &  
SNEEZING**

**WASH**

**YOUR  
HANDS**

**PROTECT  
YOURSELF**

**PROTECT  
OTHERS**

Don't panic. Trust news about COVID-19 from professional, respected sources.

Wash your hands frequently, thoroughly. Do not touch your eyes nose or mouth.

Stay home as much as possible. The Coronavirus will pass and life will return to normal.